

# Get home bag checklist

## Water

- Bottled water/pouches (3L)

## Food

- Jerky
- Meal bars
- Trail mix
- Muesli bars

## Medication

- Prescription glasses & sunglasses
- Mini First Aid Kit

## Sanitation

- Toothbrush/toothpaste
- Feminine hygiene items
- Toilet paper
- Hand sanitizer
- Deodorant
- Wet Ones

## Warmth

- Fire Starter kit
- Lighter
- Mylar survival blanket
- Lightweight water proof tarp
- Sleeping bag
- Bivy sack
- Sleeping mat

## Communications

- Solar power charger
- Hand crank radio
- Cellphone or mobile phone
- Prepaid phone card
- Pad and pencil

## Light

- LED flashlight/torch
- Headlamp
- Spare batteries

flip →

## Clothing & footwear

- Closed-toed shoes or boots
- Change of underwear
- Socks
- Poncho / waterproof jacket

## Navigation

- Map(s) of local area
- Coms & Navigation Kit

## Protection

- N95 Masks
- Insect repellent
- Sunscreen
- Hat
- High Visibility Reflective Vest
- Work gloves

## Tools

- Whistle
- Utility knife / multi-tool
- Duct tape
- Cordage / paracord

## Miscellaneous

- Cash (\$200)
- Smart Charger Cable
- Backpack (small)
- Waterproof bags

## Notes:

---

---

---