



# Cyclone Kit list

Pack these items to  
supplement your  
'Go Bag Essentials kit'

## Food & water

- Drinking water – 3L per person per day
- Camp stove
- Dehydrated/freeze dried meals
- Canned food and can opener
- Freeze dried vegetables, seasonings, salt and pepper
- Water for cooking
- Camp cook pot
- Eating utensils
- MREs (Meals ready to eat).

power outages

## Warmth & sleep

- Lightweight water proof tarp
  - Compact, lightweight tent
  - Telescoping tarp poles
  - Sleeping bag
- surviving the aftermath

## Tools & storage

- Zip ties
- Waterproof bags / Zip lock bags – t
- Bivy sack
- Multi tool – swiss army knife
- Whistle to attract attention
- Duct tape – to repair holes and tears

## Light

- Waterproof matches
- Candles
- Glow sticks

## Protection

- Long sleeved pants and shirt – to protect yourself from flying glass shards
- Covered shoes – preferably waterproof boots
- Protective leather work gloves
- Sunscreen
- Insect repellent
- Raincoat or poncho

## Medication

- Full first aid kit and manual
- Wet wipes.
- Spare toilet rolls.

## Home essentials

- Buckets and mops – to clean up water leaks, store water and flush the toilet if the water is cut off.
- Dustpan and brush – to sweep up broken glass.
- Old towels – to seal windows and protect from broken glass
- A generator – if extended power outages are likely in your area.
- Water tank with pump – for water supply if town water is interrupted.
- An esky, to save some of the food in your freezer in the aftermath.



surviving the aftermath